

10 Crore Nasha Mukti Pratigya Maha Abhiyan Organized at College of Medical Technology, SGPGIMS

Date – 10.08.2026



As a part of the “10 CroreNashaMuktiPratigyaMahaAbhiyan”, College of Medical Technology, SGPGIMS, Lucknow organized an awareness and pledge programme on 10 August 2026 to promote a healthy, addiction-free lifestyle among students and staff.

The programme aimed to create awareness about the harmful effects of substance abuse and to encourage young minds to make responsible choices and contribute towards building a **NashaMukti Bharat**. Programme also highlighted the growing concern of digital and mobile phone addiction, particularly among young people. Students were encouraged to maintain healthy balance in the use of smartphones and social media, avoid excessive screen-time and use of technology mindfully.

Students and faculty members actively participated in the programme and collectively took NashaMuktiPratigya, pledging to stay away from addictive substances and spread awareness about the dangers of substances abuse among their peers, families and society.

The enthusiastic participation of the students reflected their commitment towards health, well-being and drug-free society.

